



EGD PREPARATION INSTRUCTIONS

Procedure Date: _____ Estimated Arrival Time: _____ Appointment time: _____

- ☐ Memorial Hermann Surgery Center- Katy 23920 Katy Freeway #200 Katy, TX 77494
281-644-3200 (Lone Star Anesthesia: 1-888-717-5383)
- ☐ Memorial Hermann Hospital- Katy 23900 Katy Freeway Katy, TX 77494 281-644-7222
(Anesthesia Billing: 281-644-8815)

Your procedure(s) will take approximately 15-20 minutes to complete. Your total time at the facility will be approximately 3.5-4 hours. For your safety, you will not be permitted to drive yourself home after the procedure. **Please arrange for a responsible adult to accompany you and provide transportation.** Using an Uber/Taxi will not be permitted to be used after the procedure by the facility.

The scheduled time provided for your procedure is an estimate and may be subject to change by the facility. The facility will contact you to confirm your appointment date and time prior to the procedure. If you receive a different arrival time from the facility, please arrive at the time specified by their staff. We will not notify you of any changes to your appointment time, as such updates are communicated directly by the facility.

Please be aware that fees for the facility, Dr. Maher, anesthesia, and pathology are billed separately. The estimate provided by Dr. Maher's office does not include these additional charges. **It is your responsibility to clarify and understand your financial obligations with all involved entities prior to your appointment.**

**ALL PROCEDURES MUST BE CANCELED/RESCHEDULED AT LEAST ONE WEEK PRIOR TO THE PROCEDURE DATE. FAILURE TO DO SO WILL INCUR A \$200 LATE CANCELLATION FEE.*

Pre-Procedure Instructions

- All blood thinners and aspirin 81mg must be stopped 5-7 days prior to procedure date unless instructed otherwise.
- Stop fiber supplements, vitamins, iron supplements, advil, ibuprofen, aleve and certain arthritis medications five (5) days prior to your procedure.
- Diabetic medications, including insulin, must not be taken the morning of your procedure.
- Phentermine must be stopped 14 days prior to the procedure.
- Tirzepatide(mounjaro)and Semaglutide(ozempic) must be stopped 1 week prior.

**Clearance will be requested for patients currently taking blood thinners, including aspirin 81mg.*

EGD PROCEDURES: NOTHING TO EAT OR DRINK AFTER MIDNIGHT.



Following your procedure, you will receive a copy of the images along with a summary of the findings as observed by the doctor. Biopsy results will be sent through the portal 14 days after the procedure(s). If you don't use the portal or have not heard from us within 14 days, call our office. Be aware that due to HIPPA guidelines we cannot leave a detailed message. Further follow up instructions will follow after the results have been finalized.

If you have any questions or concerns, please contact our procedure scheduler at 281-717-8660 or procedures@katystomachdr.com.

X_____

Patient signature of acknowledgment